



Transition Student Guide

Are you interested in exploring work?

Your SSA can help you determine how work fits into *your life*

The employment navigator can help you find a job that *matches* your needs and interests

What is OOD?

- Provides services like vocational rehabilitation (VR)
- Helps students and adults attain competitive employment

[Visit OOD](#)

The logo for Ohio Opportunities for Ohioans with Disabilities is located on the right side of the slide. It features the word "Ohio" in a large, red, serif font. A horizontal line is positioned directly beneath the "Ohio" text. Below this line, the words "Opportunities for Ohioans with Disabilities" are written in a smaller, dark gray, sans-serif font, arranged in four lines.

Ohio

**Opportunities
for Ohioans
with Disabilities**



Transportation

Having reliable transportation will allow you to arrive at work on time every day. It is important to be aware of the options for transportation in your community. You might also consider getting your driver's license. For more information about transportation in options, speak to your SSA or visit:

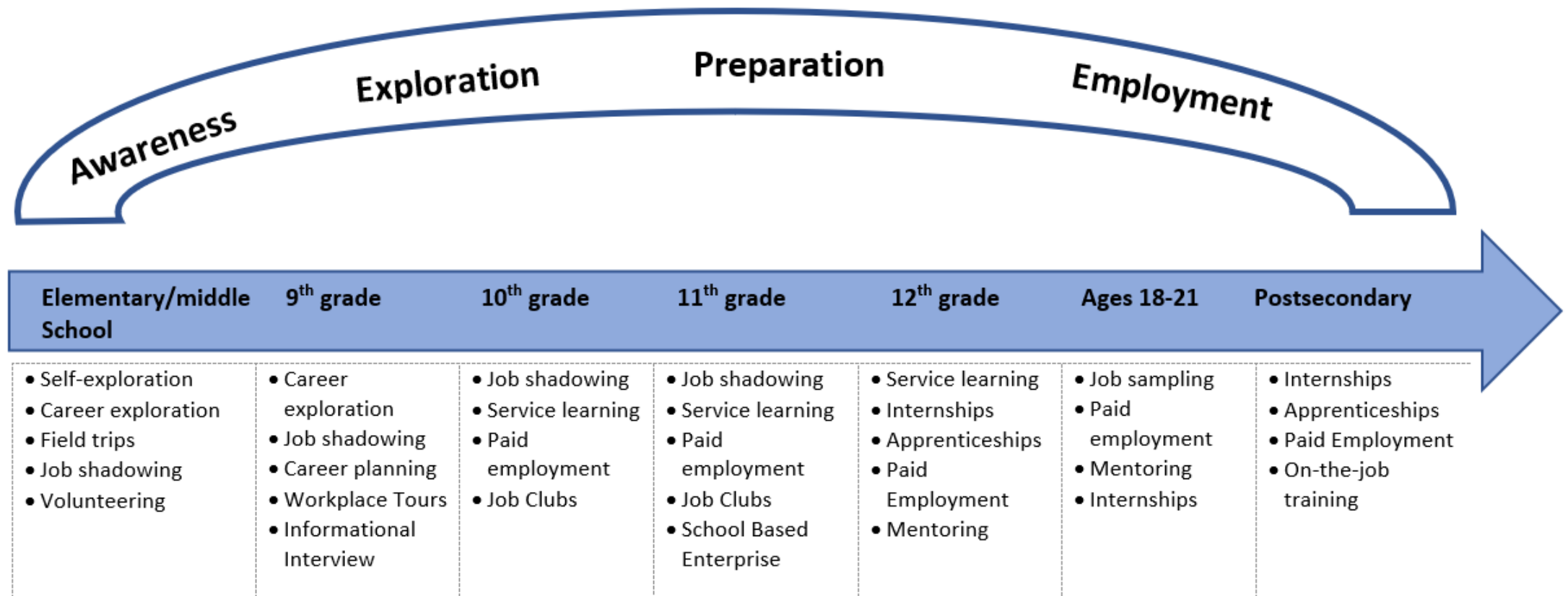
- [Perry County Transit](#)

Disability Benefits 101








- Many individuals want to know how their Social Security benefits will be affected if they decide to work
- Your SSA can help you to understand how your health coverage and the amount of money you receive from Social Security will change each month if you seek employment
- Understanding your benefits is the first step to independent living

[Read more about Disability Benefits 101](#)

It's never too early to start considering potential careers!



Postsecondary Goal Formula

_____	_____	will	_____	_____
(After high school) (After graduation) (Upon completion of high school)	(The Student)		(Do What)	(Where)
			  	 

Source: National Transition Technical Assistance Center (Adapted)

TWG 2/14/18

What will the student
do after graduation?

[Click here to download the Post-Secondary Goal Formula](#)

Post-Secondary Goal Formula



Benchmarks



What are benchmarks?

Specific goals have been identified that a transition age student meet prior to reaching age 24. By reaching these benchmarks, individuals will be better able to navigate adult employment following graduation from high school.

Step 1

- Meet with the Employment Navigator within 6 months of assignment to an SSA
- Introduction to OOD and Pre-ETS services
- Opportunity for job exploration
 - Teacher or SSA provides job interest inventories
- Discuss and plan for driving and/or transportation
- Connect with Jobs and Family Services/CCMEP





Step 2

- Begin looking at potential employment opportunities
- Consider opportunities for summer youth employment
- HAPCAP Summer Youth Program (if eligible)

Step 3

OOD Summer Youth
Experience/Summer
Employment with
the Board





Step 4

- Offer Career Discovery/OOD Services before graduation (pending county approval)
- Consider opportunities for summer youth employment
- Review options for post-secondary education
 - Certificate/Trade School/College
 - Competitive Employment
 - Military

Step 5

Typically takes place between the ages of 18-24

- Project SEARCH eligibility
- Vocational Rehabilitation Services
- Adult Day Service
- Benefits analysis





Independent Living Skills

Independent Living After Graduation

This form can be used to determine if a student needs assistance in the area of *independent living, or the skills and knowledge an individual needs to direct his or her life at home or in the community.*

Be sure to share this form with your IEP team.

[Independent Living Postsecondary Goal IEP Team Decision Assistance Form](#)



Self Determination and Self- Management

Self-management is an extremely important independent living skill that all students need to develop. A choice board is a great way to help develop that skill while at home.

Choice Board- A choice board is a graphic organizer that allows students to choose how they will learn a concept. Inside each square is an activity. Students can choose one or several activities to complete. Choice boards can be organized so students need to finish one square before moving to the next, they can be random, or can be organized in a specific way. The level of difficulty of the activities can vary or stay consistent.

- Activities and assignments that give students a choice as to how they want to work toward a goal, but still allowing parents/guardians to decide the parameters
- They can be used for a daily lesson, a week-long period, or even a monthly study depending on the topic
- They deal with readiness and the interest of the student

Example Career Exploration Choice Board

Choice Board- Career Exploration

Complete the 'Navigate Your Career' topic on the website for Khan Academy Careers Videos	Go on a virtual field trip at the Ford Motor Company in the AG Explorer. Complete the Activity #1: You be the Designer Challenge in our Student Handout packet	Complete the Photo Career Quiz Interest Inventory and choose two careers to learn more about. Low Tech: Make a copy of the Career Clusters Interest Survey
Practice Job Interviewing Skills in person with a family member or online with a friend. Worksheet: 12 Typical Job Interview Questions	Complete Part 1: Employability Skills in the Explore Work: Workplace Readiness Module	Choose one Career Topic from Khan Academy Careers Videos that matches one of the careers you're interested in learning about.
Download the CareerOneStop mobile app. Open the app and from the Career Tools, select the <i>Occupation Profile</i> . Select one occupation to search and learn about. What did you learn by watching the Career Video and reading the information? Is this the job for you?	Learn if you're an Entrepreneur by completing Module 1 of the S'Cool Store! Small Business Concepts Student Manual . Share what you learned with a family member	Interview a family member about their first job. What did they like and dislike about it? What skills did they learn?

Appropriate Independent Living Skills for Transition Age Students

<p>Help make the grocery list</p> 	<p>Set your alarm for tomorrow morning</p> 	<p>Make a list or chart for your morning routine</p> 
<p>Make sure all doors and windows are shut and locked before bed</p> 	<p>Follow a recipe to help make a meal</p> 	<p>Make your bed</p> 
<p>Take out the trash</p> 	<p>Sort, wash, and fold Laundry</p> 	<p>Establish a checking or savings account</p> 

6 Skills You Need Before Moving Away From Home

Living on your own can be a rewarding experience. Before you move away from home, make sure you have developed the right skills to help you succeed.



1. Personal care
2. Laundry
3. Money management
4. Food preparation
5. Getting around
6. Shopping

Source: <http://understood.org>

Casey Life Skills

- FREE tool used to assess the behaviors and competencies youth need to achieve their long-term goals
- Youth typically will require 30-40 minutes to complete the CLSA.
- Examples of the life skills CLS helps youth self-evaluate include:
 - Maintaining healthy relationships
 - Work and study habits
 - Planning and goal-setting
 - Using community resources
 - Daily living activities
 - Budgeting and paying bills
 - Computer literacy
 - Their permanent connections to caring adults

[Click here to access Casey Life Skills](#)

Budgeting

- Develop “payment” for specific activities completed at home. (Payment may be monetary or preferred activities). Have students “pay” for meals, gas, or rent (as appropriate). Simple resource on “token economy” [Video and brief description](#)
- [Cents and Sensibility](#): A guide to money management for students with disabilities
- [Budget Your Life](#): Forming a budget is one of the most important parts of financial success. This interactive site assists students in exploring budgeting strategies



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Postsecondary Education

What is postsecondary education?

- Postsecondary education is education that is received after graduating high school.
- 4-year universities, trade schools, and vocational schools are types of schools you can attend to earn a degree beyond a high school diploma.





Preparing for College

The following resources can help you plan and prepare for college:

- [Khan Academy Life Skills](#)
- [411 Disability Disclosure](#)
- [Get Ready For College](#)
- [Family Resources](#)
- [The College Application Process](#)



Ohio
College2Careers

- Offered by OOD
- Ensures students with disabilities have the support they need to complete their degree and/or credential, earn higher wages, and meet the demands of tomorrow's labor market
- Located within college disability services office
- Assists with career exploration, assistive technology, internships and permanent employment, resume and interview preparation, and more

Employment Preparation

What is a job coach?

A job coach helps people with disabilities learn the skills they need for a new job. A job coach might help someone for a set period or as needed.

A job coach may be a good choice for you if:

- When working with your IEP team, job coaching is identified as an appropriate option. Sometimes, schools can provide job coaching.
- There are few natural supports where you volunteer or work. Natural supports are people who already work at the site or can help you learn the job.
- You have difficulty keeping a job.

Adapted from <https://www.parentcenterhub.org/employment/>





How can I get a job coach?

- Your SSA will assess your need for Individual Employment Support.
- Visit <https://oodworks.com/> to explore vocational rehabilitation and take the assessment to see what VR services may be available to you.

Transition Passport

- Creating a transition passport can help the members of your transition team understand your interests, strengths, and what your ideal workplace would look like.
- You can use this activity to help you create a resume in the future.

[Print off the Transition Passport activity here.](#)



Career Exploration Tools

[Explore Careers](#) (ages 12+)

[Photo Career Quiz](#) (ages 10+)

[Career Clusters Interest Survey](#) (ages 14+)

[Careers in Agriculture and Beyond](#) (ages 14+)

[Virtual Industry Tours](#) (ages 14+)

Positive Personal Profile

- Used to organize student attributes
- Collect information from the people who know you the best
- Can assist in creating a resume

<i>Talents, Skills and Knowledge</i>	<i>Learning Styles</i>
<i>Values</i>	<i>Positive Personality Traits</i>
<i>Environmental Preferences</i>	<i>Dislikes</i>
<i>Work Experiences</i>	<i>Support System</i>
<i>Specific Challenges</i>	<i>Solutions and Accommodations</i>
<i>Career Ideas and Possibilities to Explore:</i>	
Click here to create your Positive Personal Profile	

Explore Careers

- [Assess your Skills and Interests](#)
- [Research Careers](#)
- [Develop an Effective Resume](#)



Mock Interview Guide

- Responding to job vacancies by phone
- How to Fill out an Application
- Possible Interview Questions
- Dress for Success!

[Click Here to Download the Mock Interview Guide](#)

Virtual Interview Guide

- More employers are using technology to hold interviews due to COVID-19 restrictions
- Make sure you are comfortable and familiar with using technology before your interview
- Interviews can be conducted by telephone or video conference
- It is still important to dress appropriately for a video interview

[Click here for the Virtual Interview Guide](#)



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Dr. Kit

SUCCESS IN SCHOOL SUCCESS AT WORK SUCCESS IN PARENTING

OVER 6 MILLION VIEWS!
"AND I'M JUST GETTING STARTED!"

ALL CAREER VIDEOS

Employees in different professions were asked the following questions:

- Describe your typical day.
- What are the qualifications required for this job?
- What are the best and worst parts of this job?
- What final advice do you have for someone interested in this line of work?

Click on each career to hear their answers! Send me an email if I don't have a career that you would like to see.

Search for careers by discipline (anthropology, biology, psychology, etc.) under the "Success in School" area.

You may also put anything – a career or college degree – in the search box to find those resources.

Hi, guys! You've come to the right place. Let me help you find a cool career.



Dr. Kit Career Videos

Dr. Kit provides virtual introductions to a variety of careers and college degree programs. You can see what it is really like to be someone employed in your dream career!

[Click here to learn more](#)

Important Websites

Job Accommodation Network (JAN)

- The Job Accommodation Network or JAN can help individuals with disabilities learn about the accommodation process
- Includes a list of disabilities and potential accommodations
- Information about how to request accommodations in the workplace
- Understanding the Americans with Disabilities Act

Visit <https://askjan.org/> for more information





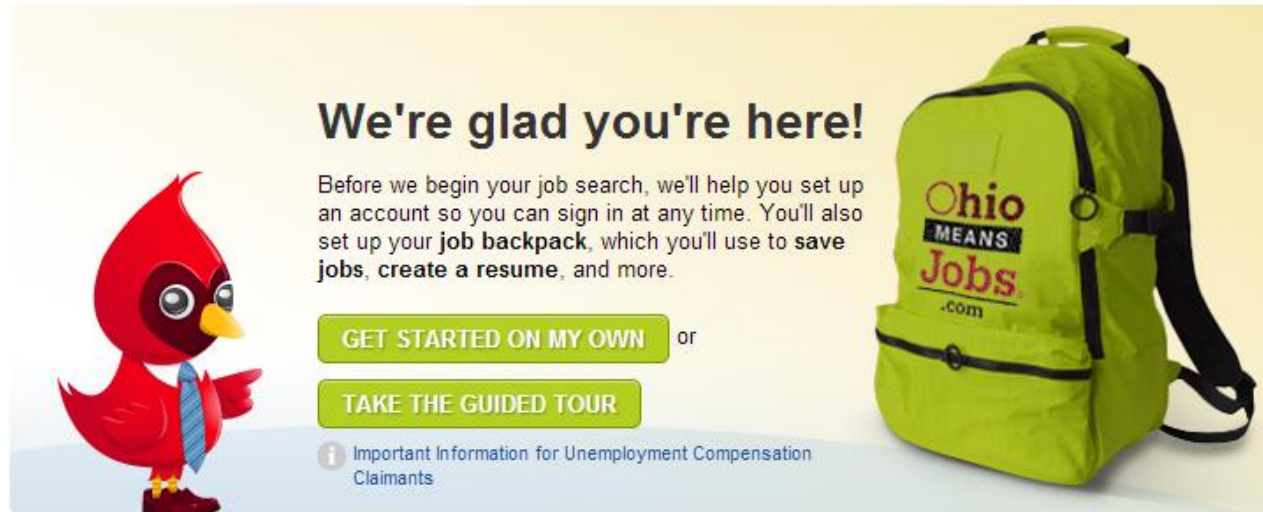
PACER CENTER

CHAMPIONS FOR CHILDREN
WITH DISABILITIES®

Pacer Center Transition to Life

- Employment Stories
- Advocating for Myself
- Get Involved, Get Connected!
- My Disability Rights
- ...and more!

[Click here to access resources from The Pacer Center](#)



- Career advising resources
- Practice tests
- Setting goals for after high school
- Find careers based on your interests
- Occupational outlooks

[Click here to create your backpack!](#)

OhioMeansJobs K-12 Backpack

Parent Resources

Planning for the Future booklet

- A workbook for students and their families
- Relationships
- Envision the future
- Goals for planning
- Potential obstacles
- Options and resources

[Click here to download Planning for the Future](#)

Teaching Life Skills

Click here to access [Tools for Teaching Life Skills to Children With Special Needs](#)

Practicing adaptive learning skills
begins at home!



Ohio Statewide Family Engagement Center

Informational resources for supporting your child in middle and high school in academics, transition, well-being, and learning at home

[Click here to access](#)



NCSET PUBLICATIONS

- [Preparing for Employment: On the Homefront](#)
- [Supplemental Security Income: A Bridge to Work](#)
- [Age of Majority: Preparing Your Child for Making Good Choices](#)
- [Parenting Postsecondary Students with Disabilities: Becoming the Mentor, Advocate, and Guide Your Young Adult Needs](#)

Ways to be Involved in Your Child's Transition

- Participate with the school in encouraging your CHILD TO MAKE HIS/HER OWN DECISIONS and develop self-advocacy skills (for example selecting courses to take; making career choices).
- Utilize the SCHOOL WEB SITE that offers information for parents (including special education and transition information).
- Complete a FAMILY QUESTIONNAIRE for the school that provides information about your child's current performance and your dreams for your child's future.
- Participate in informal PRELIMINARY PLANNING sessions with your child and the school to discuss your child's progress and future plans before writing IEP goals (for example person-centered-planning, conversation on your dreams for the future).

Adopted from:

<https://www.heath.gwu.edu/parents-guide-transition>

Questions?

If you need help locating resources for your family or with planning activities for your child, e-mail us for help!

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