Perry County Board of Developmental Disabilities

covid-19 Resources



Presented By: PCBDD's Employment Navigation Team

TIPS FOR WORKING ON EMPLOYMENT SKILLS FROM HOME CLICK <u>HERE</u> TO WATCH SOME SUCCESS STORIES







CAREER PLANNING

BENEFITS EDUCATION AND BENEFITS ANALYSIS

CHECK OUT THE FOLLOWING RESOURCES TO LEARN ABOUT YOUR CURRENT BENEFITS AND HOW WORKING CAN AFFECT THEM



SUPPLEMENTAL SECURITY INCOME (SSI) vs. SOCIAL SECURITY DISABILITY INSURANCE (SSDI)

<u>SSI:</u>

- Supplemental Security Income
- Title XVI
- Medicaid
- Paid on the 1st of the Month
- Based on Monthly Income, Resource Limits and Living Arrangements
- Individual Limit \$2,000, Couple \$3,000

SSDI:

- Social Security Disability Insurance
- SSD, Regular Disability, RSDI
- Title II
- Medicare
- Paid on the 3rd of Month, or Wednesday
- Based on Work Credits, Unless Drawing off Parental Benefits

Social Security Disability Insurance



Click here to watch a success story

LEARN MORE ABOUT SSI AND SSDI:

• <u>Click here to learn more about the</u> <u>difference between SSI and SSDI?</u>

Update

 Click below to learn how to apply for SSI and SSDI online:

https://www.ssa.gov/benefits/disability/







DISABILITY BENEFITS 101: (CLICK ON THE LINKS BELOW)

Disability Benefits 101 is a website that has tools and information about health coverage, benefits, and employment.

The <u>benefits and work</u> <u>estimator</u> will give an estimate of how working could affect your benefits.

Click <u>here</u> to watch a success story

Disability Benefits 101 Plan ahead and learn how work and benefits go together

> Disability Benefits 101 working with a disability in Ohio

WORK INCENTIVES:

- Work incentive employment supports were created to help disabled and blind SSI recipients go to work by reducing the risk of loss of SSI or Medicaid benefits.
- Follow the <u>link</u> for more information on these incentives.

 Click <u>here</u> to watch a video about SSI and working.



TICKET TO WORK:

- The Ticket to Work (Ticket) program is a free and voluntary program <u>that can help</u> Social Security recipients <u>go to work</u>, <u>get a good job</u> that may lead to a career, and <u>become</u> <u>financially independent</u>, all while they keep their Medicare or Medicaid.
- People who receive Social Security benefits because of a disability and are age 18 through 64 probably already qualify for the program.
- Click here for information on Ohio's Ticket to Work Program.
- Watch Larry's story <u>here</u>.



STABLE ACCOUNTS:

- A STABLE Account lets people with disabilities save money and not lose benefits or Medicaid.
- STABLE Accounts give people with disabilities more independence and financial security.
- Click here for more information on STABLE Accounts.
- Click <u>here</u> for a short video explaining STABLE Accounts.





CAREER PLANNING

CAREER DISCOVERY

THE FOLLOWING RESOURCES WILL HELP YOU START THINKING ABOUT WHAT TYPE OF JOB WILL BE A GOOD FIT FOR YOUR SKILLS AND INTERESTS



CAREER DISCOVERY IS USED TO FIND:



Your interests in one or more specific aspects of the job market.



Your skills and strengths that will be valuable to employers.



Conditions necessary for your successful employment.

Click <u>here</u> to watch a success story

HOW CAN I DO THIS AT HOME?

THINK ABOUT YOUR PREFERENCES, INTERESTS, NEEDS, AND SKILLS (PINS):



Preferences



NEEDS





START THINKING ABOUT:



What are my favorite things to do during the day?



How do I spend my free time?



What do I need help doing?



What am I good at?



Click <u>here</u> to watch a success story

ASSESS YOURSELF:

It will be helpful in your job search to have a few jobs of interest to help you narrow down the results.

Apply your career assessment results to help match your interests and abilities to a specific job.

Interest Assessment

What do you like to do/not like to do?

Skills Matcher

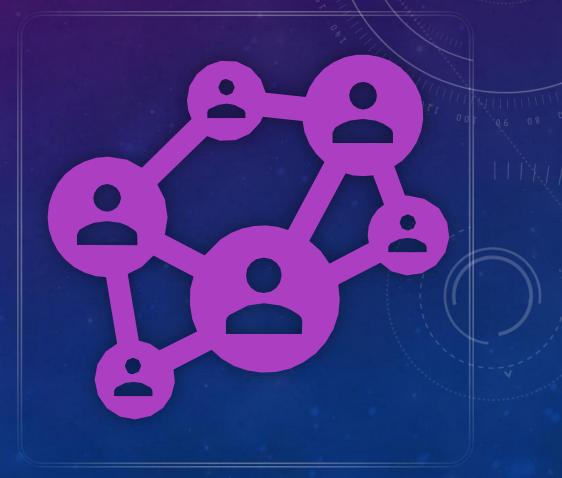
What are you good at?

<u>Career Interests &</u> <u>Skills Matcher</u> What is important to you in an employer?

YOU <u>DO NOT</u> HAVE TO GATHER THIS INFORMATION BY YOURSELF:

<u>Ask:</u>

- Family Members
- Friends
- Service and Support Administrator (SSA)
- Roommates
- Staff





REMINDER:

 Be sure to keep track of the information you gather so you can report it to your Job Counselor when in-person services/supports resume.





CAREER PLANNING

CAREER EXPLORATION

THESE RESOURCES WILL HELP YOU EXPLORE INDUSTRIES THAT YOU ARE INTERESTED IN



CAREER EXPLORATION:

• Click <u>here</u> to take virtual tours of different industries to see what you are interested in.

- More Virtual Tours
- Remember to <u>take notes</u> on <u>what you liked</u>, what you didn't like, and <u>what questions you</u> have.



Click here to watch a success story

CONDUCT INFORMATIONAL INTERVIEWS:

• The purpose of an informational interview is to get information about a job or industry from someone who works in that field.

Click <u>here</u> for some tips to a successful informational interview.

Ignore the part about meeting in person and paying for lunch



CAREER EXPLORATION:



HOLD INFORMATIONAL INTERVIEWS WITH PEOPLE IN YOUR HOUSE



CONDUCT INFORMATIONAL INTERVIEWS OVER THE PHONE

Click <u>here</u> to watch a success story



CAREER EXPLORATION:

Before scheduling the interview, make a list of questions.

- What do you already know about the job and the company?
- What do you want to know about the industry or position?

- <u>Click here: Informational Interview Sample Questions</u>
- <u>Click here: More Sample Questions</u>



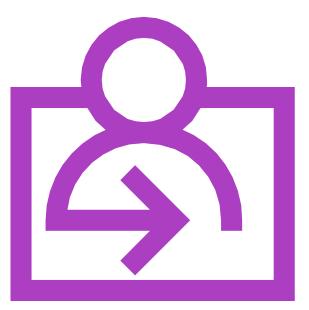


CAREER PLANNING

JOB DEVELOPMENT

520 500

THE FOLLOWING RESOURCES WILL HELP YOU PREPARE AND PRACTICE FOR INTERVIEWS





OHIO MEANS JOBS:





OHIO MEANS JOBS IS A GREAT RESOURCE FOR OHIOANS LOOKING FOR EMPLOYMENT.

WATCH THIS VIDEO TO LEARN MORE LEARN MORE.

THEY EVEN HAVE INFORMATION THAT IS SPECIFICALLY FOR PEOPLE WITH DISABILITIES. FIND OUT MORE HERE



Click <u>here</u> to watch a success story



A proud partner of the American Job Center network

JOB DEVELOPMENT:



Create a resume that highlights <u>all your skills</u> and <u>past work experiences</u>. 2

Click <u>here</u> for a video on what information should go in your resume. 3

Click <u>here</u> to learn how to create a resume.



JOB SEARCH CHECKLIST:

Click <u>here</u> to watch some success stories

P C B D D

Create a plan before you search for jobs.

Consider setting time aside each day to search for jobs that interest you.

□ I have a resume.

□ I have a list of references.

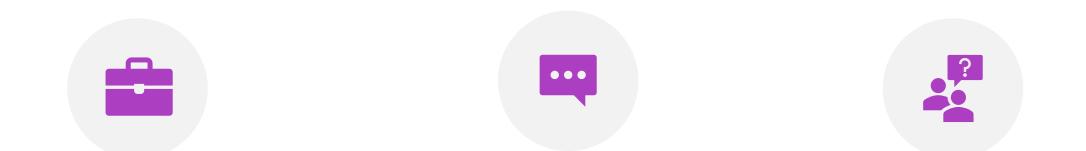
I have researched the companies for whom I would like to work.

□ I can identify my short term and long term career goals.

I can understand and explain the duties of the job for which I am applying.

I have reliable transportation to and from my potential job site.

INTERVIEW SKILLS:



CLICK <u>HERE</u> FOR TIPS ON HOW TO BE SUCCESSFUL IN A JOB INTERVIEW. PRACTICE ANSWERING INTERVIEW QUESTIONS WITH SOMEONE IN YOUR HOME.

<u>CLICK HERE</u> FOR SAMPLE QUESTIONS TO PRACTICE WITH.



Click here to watch a success story

WHAT TO WEAR TO A JOB INTERVIEW:

What to Wear:

- Clean, Wrinkle Free Clothes
- Dress Pants and Nice Top
- Clean, Un-scuffed Shoes
- Clean Hair and Nails

What Not to Wear:

- Dirty or Ripped Clothes
- Revealing Clothes
- Dirty, Messy Hair
- Big, Distracting Jewelry



If you do not have access to appropriate clothing let your employment provider know



CAREER PLANNING

WORKSITE ACCESSIBILITY

WHAT ARE WORKPLACE ACCOMMODATIONS?





JOB ACCOMMODATION NETWORK:

OHIO EMPLOYMENT FIRST INITIATIVE:

OHIO SELF-DETERMINATION ASSOCIATION: Click <u>here</u> to find out more about the Job Accommodation Network

 Click <u>here</u> to find out more about Ohio Employment First initiative.

• Click <u>here</u> to find out more about Ohio Self-Determination Association.









WHAT IS SELF-DETERMINATION?:

People are self-determined when they use their ability or power to make choices and decisions based on their own preferences and interests to self-direct their lives.

Examples of how you can be successful:

- Speaking up for yourself.
- Asking for what you need.
- Negotiating or reaching an agreement.
- Knowing your rights and responsibilities.
- Asking other people to help you.





CONNECT WITH US:

If you need help locating resources for yourself, a family, or with planning activities, contact us for help. Ashley Wollenberg, Employment Navigator Email: <u>a.wollenberg@perrydd.org</u> Cell: 740-605-8412

Amanda Allen, Employment Navigator Email: <u>a.allen@perrydd.org</u> Cell: 740-605-4870







