

## DEVELOPMENTAL MILESTONES

### 3 months:

Smiles at parents faces and voices  
Lifts head and pushes on arms when on stomach  
Makes cooing sounds

### 6 months:

Babbles  
Rolls from back to belly  
Passes toys from hand to hand  
Shows interest in people and things

### 9 months:

Sits well alone  
Says simple sounds like ma, da  
Plays games such as "bye-bye" & "peek-a-boo"  
Gets upset when away from parent

### 12 months:

Walks with hand help  
Says two or three words  
Finger feeds self well

### 15 to 18 months:

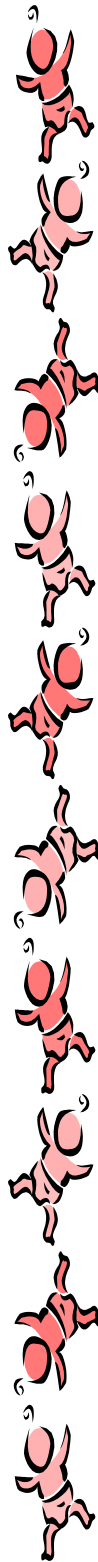
Walks well alone  
Builds tower with three blocks  
Uses 4 to 7 words  
Rolls a ball to an adult

### 24 months:

Runs  
Kicks and throws ball  
Dresses self  
Shows interest in potty  
Says 3 to 4 words together clearly

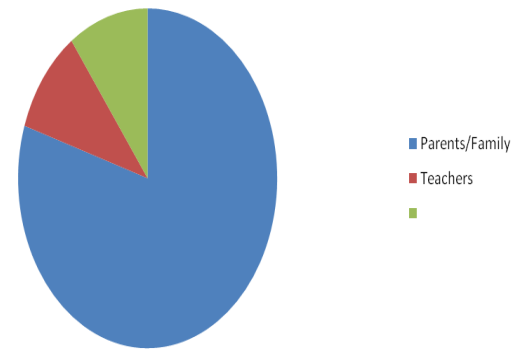
### 36 months:

Climbs stairs  
Feeds self  
Shows interest in potty



Children spend most of their time with the family unit. Therefore, the focus of early intervention is to build the parent's capacity to support their child's learning. This happens best by focusing intervention on everyday activities within the home rather than focusing intervention on isolated "therapy" sessions.

Breakdown of who children spend their time with



Referrals may be made at any time from parents, families, doctors, hospitals, therapists, schools, or community agencies by contacting ;

Phone: 740-342-7722 / 1-800-557-6575

Fax : 740-342-0418

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State of Ohio General Revenue Fund

Perry County Board of Developmental Disabilities

Perry County Job and Family Services TANF

Ohio Website: [www.ohiohelpmegrow.com](http://www.ohiohelpmegrow.com)

PC Website: [www.perrydd.org](http://www.perrydd.org)

# PERRY COUNTY



128 South Main Street

New Lexington, Ohio

740-342-7722 / 1-800-557-6575

Fax: 740-342-0418

**A program for parents  
and children 0-3**



Help Me Grow (HMG) is a program for Ohio's expectant parents, newborns, infants, and toddlers that provides health and developmental services so children start school healthy and ready to learn. HMG can assist you if you have concerns about a child's development.

# A two-part program.....



## HELP ME GROW HOME VISITING PROGRAM

### WHO IS ELIGIBLE?

*First time expectant mothers*

*First time parents with a child under the age of 6 months*

*Any family with a child under 3 with a parent in active military duty*



### The HMG Home Visiting Program Provides:

Information and activities that help infants and toddlers grow and learn

Resource and Community referral Information

Parenting skill development

*Parents as Teachers Curriculum is used with the Home Visiting Program*



## HELP ME GROW PART C / EARLY INTERVENTION SERVICES

### WHO IS ELIGIBLE?

*Any child under 3 years old who has a diagnosed medical condition or a developmental delay.*

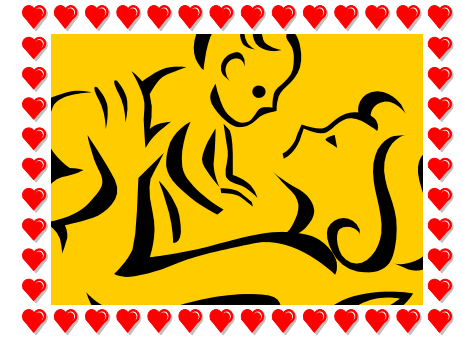
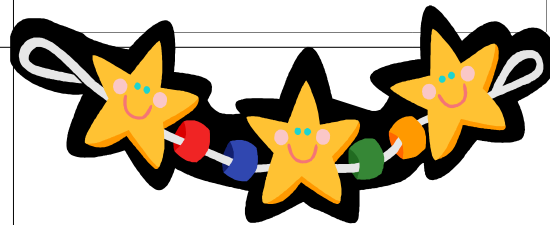
### Part C/ Early Intervention Provides:

Developmental assessments & evaluations

Assistance with seeking medical care & specialized services

Assistance in locating community resources

Activities that help infants and toddlers grow and learn



## Both Help Me Grow Programs Provide.....

Home visits in the comfort of your own home

Child Development Information

Family Service Plans

Resource and Referral

Family Events

Parent /Group Meetings

Transitioning at age 3

Help with Issues of Housing, Employment, Transportation

*A program of the Ohio Department of Health and the Perry County Board of Developmental Disabilities*