

Let's spread the word about this exciting NEW resource for Ohioans!

Ohio is making it easier for individuals who are experiencing a stressful situation to find immediate help, 24/7 with the launch of a free, confidential, statewide [Crisis Text Line](#). Starting today, any Ohio resident who needs help coping with a crisis can now text the keyword “4hope” to 741741 to be connected to a crisis counselor. Trained crisis counselors are on stand-by to provide a personal response and information on a range of issues, including: suicidal thoughts, bullying, depression, self-harm, and more. The specialist helps the user stay safe and healthy with effective, secure support. The keyword “4hope” was developed by the Stark County Mental Health and Addiction Recovery (StarkMHAR) board, which [piloted](#) a crisis text line for youth and young adults as part of the [Strong Families, Safe Communities funding](#) initiative supported by OhioMHAS and the Ohio Department of Developmental Disabilities.

Be well,
MUI Registry Unit
614.995.3810



Department of
Developmental Disabilities