



Pioneering Possibilities

"Making connections to promote abilities and enrich lives."

CELEBRATING SUCCESS

A Life Motivated By Goals - The Rosemary McCabe Story



A LIFE MOTIVATED BY GOALS- Managing everyday life; work, family and other obligations, is complex enough, but doing it while also caring for your loved one with a developmental disability, is sometimes easier said than done.

For one mom, it became a daunting situation. Margaret McCabe had given birth to a beautiful little girl, Rosemary, on February 10, 1933. At an early age, Rosemary's family could see her development was delayed. Rosemary was diagnosed with intellectual disabilities. Rosemary and her mother lived with her grandmother and grandfather in Rehoboth.

Rosemary's grandmother passed away when she was 3 and her grandfather passed away two years later. At the age of 5, it was just Rosemary and her mother. For the next year, there was much transition for this little family. They moved to Athens where Margaret worked for a short period. Later that year they returned to Perry County where, with the help of a Pastor at St. Rose Church in New Lexington, Margaret found temporary housing, but Rosemary was placed in St. Vincent's Orphanage in Columbus.

Rosemary shares that *"Being a child, it was hard to be away from my mother. I was never able to see her the entire time I lived at St. Vincent's. I remember attending school there. I learned about music. The nuns taught me many things I knew could help me as an adult, so I could get back home to my mother. As I became a teenager, I was able to work in the kitchen at the school cleaning pans. I was in the eighth grade. I also remember cooking creamed corn for the cook. I liked working in the kitchen."*

In February 1948, at the age of fifteen, Rosemary left St. Vincent's Orphanage and came back to Perry County to be closer to her mother. *"I moved in with Mrs. Lines and helped provide child care for the Lines family of twin girls and two boys. I lived there about a year and then moved in with another family to work. That didn't last very long as I was not able to do all the duties they wanted me to do. So I moved into the Perry County Home with my*

long as I was not able to do all the duties they wanted me to do. So, I moved into the Perry County Home with my mom." said Rosemary.

The living situation at the County Home worked for awhile, but as time went on, it became increasingly difficult. Rosemary was learning to deal with her diagnosis and wanted to continue developing the skills she needed to live independently. Rosemary had a great support system and began taking advantage of services offered to individuals with disabilities in Perry County.

In the 1970's, Rosemary moved to a group home with roommates, Ramona, Kathy, Paula, Nancy, Orma and Bernadine. Rosemary says *"I enjoyed living with the ladies on Eastern Ave. I remember, visiting a friend one day – she had cats and I just loved them. That is when I realized I wanted to get my mother out of the County Home, have cats, and have a place of my own."* Rosemary worked hard with the support of her providers to develop everyday skills. She wanted to get a job and a place where she and her mother could live together again.

"I finally did it...." Rosemary shared.... *"I moved into my own apartment, got a job at McDonald's in New Lexington where I cleaned tables, mopped, swept, poured coffee, helped with birthday parties, and I made good money. Joking with my co-workers and Managers at McDonalds – it was an ongoing joke I had to sing a tune for supper! I worked hard to get there."*

Johnna Nash, Service and Support Administration Supervisor at the Perry County Board of DD shared, "in the 1990's Rosemary had very little support; only a few hours a day. She was active in the community, attended Adult Non-Vocational services at PCBDD, was working, and attended church. Her love for music helped to provide balance in her life. Rosemary was very proud of all the things she was able to accomplish during her life. Things were not always easy, but she didn't let anything stand in her way of living on her own and being together with her mother at last."

Rosemary retired from McDonalds in New Lexington in 1991. She made many friends and learned a lot during her time there. She now had more time to help take care of her mother, and take advantage of services offered by the PCBDD Board such as Recreation, Creative Opportunities, Music Therapy, Advocacy Groups, and cheering on the PerCo Cougars!

On September 8, 1995, Rosemary's mother passed away. *"I miss her every day, but am happy she got to be with me. I am able to remember her through music. I play the organ and piano; I have been playing since my time at St. Vincent's."*

As months passed, Rosemary continued to attend programs at the Board of DD and leaned on the people in her life. *"I have several great friends and neighbors... They know the things I love, like going to choir practice and church, and to the beauty salon, they make sure I know anything is possible. My friends and staff work hard to enhance the lives of people with developmental disabilities, and have been inspirational to me... They are family to me,"* said Rosemary.

Rosemary McCabe just celebrated her 85th birthday. Her close friends had a surprise pizza party at The Pizza Place. *"The front room was full of people; it was nice and made me feel special."* shared Rosemary. *"I do the best I can; I now have 24 hour support staff. They help me maintain weekly routines of going to the hair salon, McDonald's, attending St. Rose Catholic Church, to visit friends at Fairview Assisted Living and most importantly – my provider takes me to visit my mother's grave."* It has been a difficult journey for Rosemary, but for a young girl with the goals to have a job and to live with her mother, the message has been constant –

The Perry County Board of Developmental Disabilities is ALWAYS THERE.

For more information about the Perry County Board of DD and the 50-year anniversary, please visit

www.perrydd.org, like us on Facebook or contact Lindsey Jago, Outreach Coordinator at ljago@perrydd.org

Other Happenings....

New PCBDD Rack Cards are finished! These cards are full of facts to help educate people about our programs and services. If you are interested in receiving one please contact the office 740-342-3542 - They can also be found on our website and Facebook page.

People Connecting People...

Perry County Board of Developmental Disabilities
David C. Couch, Superintendent

A Message From Our Superintendent....

This year marks the 50th anniversary of the creation of Ohio's County Boards of Developmental Disabilities by the Ohio General Assembly in 1967. To honor this milestone, the Perry County Board of DD is proud to join the statewide campaign - **ALWAYS THERE**.

This is an opportunity for us to reflect on how we have grown and adapted throughout the years to meet the changing needs of the people and families who rely on us for support. It is also a time to look toward the future and how we can continue to best serve them and the broader community moving forward.

PCBDD is excited to announce that the Board's new three year strategic plan for 2017 - 19 was presented to the Board and was approved. PCBDD will work to achieve these goals over the next three years and update the community of our progress annually. We are so appreciative of the community input we received and take very seriously our responsibilities to the people we serve.

As always, thank you for supporting the programs and services of the Perry County Board of Developmental Disabilities.

David C. Couch

David C. Couch, Superintendent



Meet Rosemary, her cat, Jackie and Superintendent David Couch. Rosemary has received services from the Board since the 1980's. To learn more about her remarkable journey visit www.perrydd.org



People We Serve... Ages & Services...

2016 - 2017	Total
Early Intervention / Home Visiting (Birth Age 3)	88
Preschool (Age 3-5)	83
School Age (Age 6-14)	137
Transition-Age (Age 16+)	16
Adults (Age 22-64)	214
Adults (Age 65+)	19
ALA School Age (Age 14-18)	47
ALA Adult (Age 18 +)	42

ALWAYS THERE

50 YEARS PERRY COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

David C. Couch, Superintendent

Administration Office:
499 North State St.
New Lexington, OH
43764

Phone: 740-342-3542
Fax: 740-342-1081
www.perrydd.org

2016 Expenses:		
Adult Services	\$1,587,805	31%

2016 Revenue:		
Local Tax Levy	\$2,670,954	90%

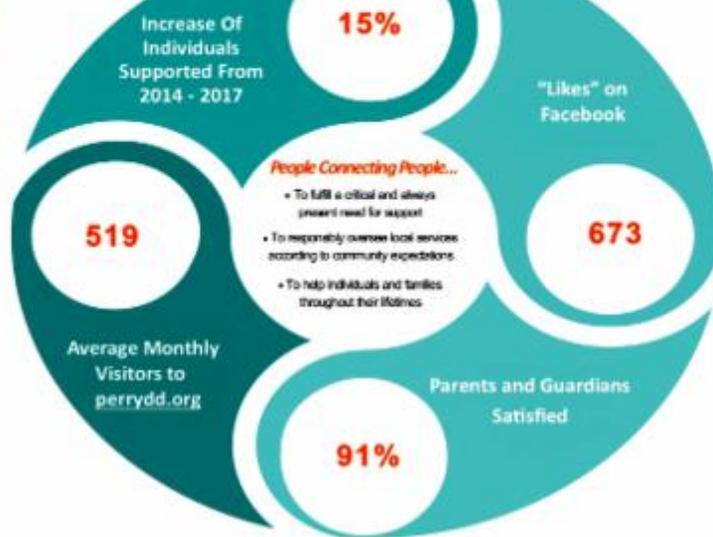
Administration	\$982,076	19%
SSA	\$687,008	17%
Transportation	\$670,458	13%
Home & Community Supports	\$478,091	9%
Children's Programs	\$291,080	8%
ALA	\$129,912	3%
Total	\$5,379,410	100%

What is a Developmental Disability?
The term Developmental Disability (DD) describes a variety of conditions that impact the way people learn and acquire new skills. These conditions are either present at birth or develop before a person is 22 years old.

Most Common Disabilities Include:
• Cerebral Palsy • Autism Spectrum Disorders
• Epilepsy • Spina Bifida • Intellectual Disability
• Down Syndrome

What is Community Integration?
Is the opportunity to live, work and participate within the community and be valued for one's uniqueness and abilities, like everyone else.

Community Integration Encompasses:
• Housing • Employment • Education • Health Status
• Recreation • Peer Support • Social Roles • Religion



Federal	\$1,283,663	24%
Other Sources	\$687,751	16%
State	\$538,863	10%
Total	\$2,510,277	100%

PCBDD New Direction:
In 2016, Medicaid initiated a major reorganization of these services are provided. Adult Day programs provided by the Board are scheduled to end in 2018, moving forward the Board will continue to operate the following...

- Programs & Services Offered by PCBDD:**
- Service Coordination
 - Early Intervention
 - School Age Services, including Summer Camp
 - Behavior Support
 - Health & Safety (MUT)
 - Supported Living & Residential
 - Academy for Leadership Abilities
 - Family Support
 - Specialized Supports to Address Unique Needs

ALA has update program material. Check out the latest brochure, list of systems available, and elevator speech by visiting www.perrydd.org or Facebook. To request copies of materials please contact s.lackey@perrydd.org

What Benefits Provided?



Who Can Benefit?

The ALA programs are offered to anyone interested in learning how to become a leader. Classes can be taught in various venues such as:

- ⇒ Schools and Post Secondary Schools
- ⇒ Civic Organizations
- ⇒ Non-Profits
- ⇒ Camps
- ⇒ Churches
- ⇒ Advocacy Groups
- ⇒ Rehabilitation and Criminal Justice Systems

There are NO LIMITATIONS to who can benefit from this one of a kind program.

Contact:

David Couch,
PCBDD Superintendent
d.couch@perrydd.org

To Purchase ALA Programs or
To Learn More About
Pioneering Possibilities Advocacy Group
Please Contact:

Shelly Lackey,
Academy for Leadership Abilities®
Supervisor
s.lackey@perrydd.org

Keri Springs,
Academy for Leadership Abilities®
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Lindsay Jago,
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Syran Hinkle,
Behavior Support Coordinator
shinkle@perrydd.org

Practical Strategies Ltd.
www.practicalstrategies.org

Mary County Job and Family Services
www.perrydd.org

ACADEMY FOR LEADERSHIP ABILITIES

Est. 2012

"Developing America's Future"

740-342-3542
New Lexington, OH 43764

What Leadership Program Systems Are Available?

1. Integrity / Ethics
2. Live Your Dreams
3. Positive Mental Attitude
4. Personal Core Values
5. Leverage Your Strengths
6. Personal Financial Strategies
7. Personal Growth Primer Vol. 1 (Condensed Version of topics 1-6)
8. Leadership
9. Equipping Self and Others
10. Relationships
11. Inner Circle Team Building
12. Personal Growth Primer Vol. 2 (Condensed Version of topics 8-11)



"Doing the right things for the right reasons with the right people every single time to the best of our ability even when no one is looking"
ALA Motto

What is The Academy For Leadership Abilities®?

The Academy for Leadership Abilities® (ALA) is a premier educational program focusing on Leadership Skills, and Personal Growth Strategies.

These are products of choice for anyone in leadership or aspiring to be in leadership. Key principles such as ethical leadership, teamwork and positive mental attitude are applied. Participants enjoy the many benefits that come from learning how to think not what to think.

- ALA Programs are arranged into 12 educational systems. Each system contains:
- ⇒ Participant Guide Workbook
 - ⇒ Facilitated System Workbook
 - ⇒ Additional Items Available:
 - ⇒ Lesson Plans
 - ⇒ Instructor Notes
 - ⇒ Hands on Activities + Tools
 - ⇒ PowerPoint Presentations
 - ⇒ Training for Facilitators Available

Why Are ALA Programs Effective?

ALA Programs address Leadership and Personal Growth Skills that last a lifetime.

Upon completion of each system topic, participants will have an increased understanding of leadership and advocacy skills to effectively engage in their community.

ALA Programs are designed to encourage on-going self-improvement through an ascending achievement certification ladder for every system topic.



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CRUISE-IN AT THE GARDEN CENTER
2235 State Route 13, New Lexington, OH

OPEN CRUISE-IN



WELCOME!

CARS, TRUCKS, MOTORCYCLES
SATURDAY, MAY 6TH
10AM TO 2PM

WE WOULD LOVE TO FEATURE YOUR RIDE.
PLEASE SHARE YOUR PICTURES ON OUR FACEBOOK
PAGE
CALL PERCO AT 740-342-5156

ALWAYS THERESM

50 YEARS OHIO COUNTY BOARDS OF DEVELOPMENTAL DISABILITIES

talents and abilities and people who have developmental disabilities have a lot to offer to make this a better place to live! To learn more about the Perry County Board of Developmental Disabilities (PCBDD), or the Academy for Leadership Abilities® (ALA) go to www.perrydd.org or follow us on Facebook.

"Like Us" PCBDD